

Topic	Term	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
Cycle 1	Term 1	<u>Theme: Relationships</u> Families and friendships: Managing friendships and peer influence.			<u>Theme: Living in the wider world</u> Belonging to a community: Protecting the environment; compassion towards others.			<u>Theme: Health and wellbeing</u> Physical health and wellbeing: What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online.			<u>Theme: Relationships</u> Respecting ourselves and others: Responding respectfully to a wide range of people; recognising prejudice and discrimination.		
	Term 2	<u>Theme: Living in the wider world</u> Media literacy and digital resilience: How information online is targeted; different media types, their role and impact.			<u>Theme: Health and wellbeing</u> Growing and changing: Personal identify; recognising individuality and different qualities; mental wellbeing.			<u>Theme: Relationships</u> Safe relationships: Recognising and managing pressure; consent in different situations.			<u>Theme: Living in the wider world</u> Money and work: Influences and attitudes to money; money and financial risks.		
	Term 3	<u>Theme: Health and wellbeing</u> Keeping safe: Keeping safe in different situations, including responding in emergencies, first aid and FGM.			<u>Theme: Relationships</u> Expressing opinions and respecting other points of view, including discussing topical issues.			<u>Theme: Health and wellbeing</u> CWP - Yr 5 - Puberty Yr 6 - TA cover - Growing and changing: Personal identify; recognising individuality and different qualities; mental wellbeing.			<u>Theme: Health and wellbeing</u> CWP - Yr 6 - Puberty, relationships and reproduction Yr 5 - TA cover - Growing and changing: Personal identify; recognising individuality and different qualities; mental wellbeing.		
Cycle 2	Term 1	<u>Theme: Relationships</u> Families and friendships: Managing friendships and peer influence.			<u>Theme: Living in the wider world</u> Money and work: Identifying job interests and aspirations; what influences career choices; workplace stereotypes.			<u>Theme: Health and wellbeing</u> Keeping safe: Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media.			<u>Theme: Relationships</u> Respecting ourselves and others: Responding respectfully to a wide range of people; recognising prejudice and discrimination.		
	Term 2	<u>Theme: Living in the wider world</u> Belonging to a community: Valuing diversity; challenging discrimination and stereotypes.			<u>Theme: Living in the wider world</u> Media literacy and digital resilience: How information online is targeted; different media types, their role and impact.			<u>Theme: Relationships</u> Safe relationships: Recognising and managing pressure; consent in different situations.			<u>Theme: Living in the wider world</u> Media literacy and digital resilience: Evaluating media sources; sharing things online.		
	Term 3	<u>Theme: Health and wellbeing</u> Physical health and Mental wellbeing: Healthy sleep habits, sun safety, medicines, vaccinations, immunisations and allergies.			<u>Theme: Relationships</u> Expressing opinions and respecting other points of view, including discussing topical issues.			<u>Theme: Health and wellbeing</u> CWP - Yr 5 - Puberty Yr 6 - TA cover - Growing and changing: Personal identify; recognising individuality and different qualities; mental wellbeing.			<u>Theme: Health and wellbeing</u> CWP - Yr 6 - Puberty, relationships and reproduction Yr 5 - TA cover - Growing and changing: Personal identify; recognising individuality and different qualities; mental wellbeing.		