

Topic	Term	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
Cycle 1	Term 1	<u>Theme: Relationships</u> Families and friendships: Making friends: feeling lonely and getting help.			<u>Theme: Living in the wider world</u> Belonging to a community: What rules are; caring for others' needs; looking after the environment.			<u>Theme: Health and wellbeing</u> Physical health and Mental wellbeing: Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help.			<u>Theme: Relationships</u> Safe relationships: Managing secrets: resisting pressure and getting help: recognising hurtful behaviour		
	Term 2	<u>Theme: Living in the wider world</u> Media literacy and digital resilience: Using the internet and digital devices; communicating online. The internet in everyday life; online content and information.			<u>Theme: Health and wellbeing</u> Keeping safe: Safety in different environments; risk and safety at home; emergencies.			<u>Theme: Relationships</u> Respecting ourselves and others: How behaviour affects others; being polite and respectful.			<u>Theme: Living in the wider world</u> Money and work: Strengths and interests; jobs in the community.		
	Term 3	<u>Theme: Health and wellbeing</u> Physical health and wellbeing: Keeping healthy; food and exercise, sun safety.			<u>Theme: Relationships</u> Safe relationships: Recognising privacy; staying safe; seeking permission.			<u>Theme: Health and wellbeing</u> CWP - Yr 1 - Growing and caring for ourselves. Yr 2 - TA cover - Growing and changing: Recognising what makes them unique and special; feelings; managing when things go wrong.			<u>Theme: Health and wellbeing</u> CWP - Yr 2 - Differences Yr 1 - TA cover - Growing and changing: Recognising what makes them unique and special; feelings; managing when things go wrong.		
Cycle 2	Term 1	<u>Theme: Relationships</u> Yr 2: Respecting ourselves and others: Recognising things in common and differences; playing and working cooperatively; sharing opinions.			<u>Theme: Living in the wider world</u> Belonging to a community: Belonging to a group; roles and responsibilities; being the same and different in the community.			<u>Theme: Health and wellbeing</u> Keeping safe: How rules and age restrictions help us: keeping safe online.			<u>Theme: Relationships</u> Families and friendships: Making friends: feeling lonely and getting help.		
	Term 2	<u>Theme: Living in the wider world</u> Money and work: What money is; needs and wants; looking after money.			<u>Theme: Health and wellbeing</u> Keeping safe: How rules and age restrictions help us: keeping safe online.			<u>Theme: Relationships</u> Respecting ourselves and others: How behaviour affects others; being polite and respectful.			<u>Theme: Living in the wider world</u> Belonging to a community: Belonging to a group; roles and responsibilities; being the same and different in the community.		
	Term 3	<u>Theme: Living in the wider world</u> Media literacy and digital resilience: Using the internet and digital devices; communicating online.			<u>Theme: Health and wellbeing</u> Physical health and Mental wellbeing: Keeping healthy; food and exercise, sun safety.			<u>Theme: Health and wellbeing</u> CWP - Yr 1 - Growing and caring for ourselves. Yr 2 - TA cover - Growing and changing: Recognising what makes them unique and special; feelings; managing when things go wrong.			<u>Theme: Health and wellbeing</u> CWP - Yr 2 - Differences Yr 1 - TA cover - Growing and changing: Recognising what makes them unique and special; feelings; managing when things go wrong.		